

### Scope of the Journal

The journal of human kinetics is a respected interdisciplinary periodical offering the latest research in the science of human movement studies. This comprehensive professional journal features articles and research notes encompassing such topic areas as motor learning and motor development, exercise physiology and biochemistry, sport nutrition, biomechanics, sports training, measurement and evaluation in sport and physical education, anthropology, sports medicine as well as sport history, psychology and pedagogy.

### Articles accepted for review

The journal publishes original papers, reviews, short communications and letters to the Editors. Manuscripts submitted to the journal must contain novel data on theoretical or experimental research or on practical applications in the field of sport sciences. No substantial part of the submission should have been published elsewhere. Submitted papers undergo peer reviewing by two independent referees. Authors are encouraged to provide names of 3-4 potential reviewers who were not recent co-authors or collaborators and are familiar with the subject of the manuscript. The names of the potential reviewers must be accompanied by their complete addresses, telephone numbers and e-mail addresses.

*Original articles:* Theoretical or experimental (basic or applied) research or practical applications. Either original work or the replication of work that better establishes basic principles will be considered. Original articles should not exceed 15 pages (1800 characters per page) including tables, graphs, pictures and references.

*Review articles:* Review articles on topics of broad interest are desirable. Authors who wish to submit an unsolicited review article should correspond with the Editors to determine the timelines of the proposed review article. Review articles should not exceed 20 pages including tables, graphs, pictures and references.. Review articles are considered by the Editors and expert referees before a final decision regarding publication is made.

*Short communications:* Short manuscripts containing results of unusual scientific interest and importance, requiring rapid publication. Papers submitted for this accelerated process must require little or no revision. Accompanying the submission should be a letter from the authors stating why they feel the paper should be published as a rapid communication. The manuscripts in such cases should not exceed 5 journal pages including figures, tables and references. Manuscripts rejected as Short Communications are eligible for submission as regular articles.

*Letters to the Editor:* Letters to the editor are welcome and will be published if appropriate. The maximum length is 800 words. Letters relating to material previously published in the JHK should be submitted within 6 month after the publication of the material the letter is referring to. Such letters will be sent to the corresponding author for comment within 4 weeks. The original letter and any reply will be published concurrently.

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**Authors:** bold, to the left, full affiliation in footer

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- Approval of the ethics committee
- Statement confirming that the research material is original and not submitted elsewhere

**Abstract page:** The structure of the abstract should be similar to the full text. The abstract should be informative. It should be self explanatory without reference to the text of the manuscript. It should include essential significant results that support the conclusion of the work. Three to six key words not used in the title should also be provided. Abbreviations should not be used in the abstract.

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**Discussion:** Emphasize the new and important aspects of the study and conclusions derived from the study.

**Acknowledgments:** Reference to prior publication of the results in abstract form or in proceedings should be provided. Addresses of authors other than the laboratory acknowledged for the work should be provided. Financial support should be stated.

**References:** References should be cited in the text by author and year of the publication e.g. (Jaric, 1989) and compiled alphabetically at the end of the article. Titles of journals should be abbreviated according to the latest edition of **ISI Journal Title Abbreviations**.

(<http://www.efm.leeds.ac.uk/~mark/ISlabbr/>). Entries in the reference list should be styled as follows:

Jaric S., Ristanovic D., Corcos D.M. The relationship between muscle kinetic parameters and kinematic variables in a complex movement. *Eur J Appl Physiol Occup Physiol*, 1989. 59: 370-376

All references listed must be cited in the manuscript and referred to by author. Only two polish papers may be included in the references, yet only if the publication has an English abstract. The title of the original polish paper must be translated into English. Published abstracts must not be used as references. The use of a large number of abstracts or non peer reviewed articles in the reference section will be grounds for rejection of the submission without review. Authors bear complete responsibility for the accuracy of the references.

**Tables, Figures and Photos:** should be prepared on separate sheets consecutively numbered (e, g. table 1, fig. 1).

The figures and photos should be saved as bmp, jpeg or pdf files in resolution 300dpi.

The maximal size of original tables, photos and figures is 15,0 x 22,0 cm.

**The manuscript should be submitted to the publishers address (postal or e-mail) situated in the footer of first page of this section.**

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